

MISSED PRACTICE POLICY - starting Monday August 10th

- If you are going to miss practice, you must notify a coach **before practice begins**. You should use the Remind App first and also email. If this does not happen then it will be considered an unexcused absence.
- If a player misses 3 unexcused days of practice, he may be removed from the team.
- Consequences for unexcused absences are as follows:
 - 1st unexcused = post-practice activities
 - 2nd unexcused = ½ game/scrimmage suspension
 - 3rd unexcused = full game/and may be removed from the team
- If an athlete is suspended either in-school or out-of-school, or is academically ineligible, they will not be permitted to attend any team functions (practice, games, etc.) until they are eligible or until the suspension is over.
- Family vacations should not occur during football season. Although they are not considered unexcused absences, there will be consequences for missing practices/games because of family vacations.
 - Missing 2 practices = ½ game/scrimmage suspension
 - Missing 3 or 4 practices = full game/scrimmage suspension
 - Missing 5 or more practices = 2 game/scrimmage suspension minimum
- Excessive absences from practice of any kind may result in suspension from the team or removal from the team.

CONTACT INFORMATION (Varsity/JV Staff)

Use the Remind App first

Coach Braidon – braidonj@eastonsd.org

Coach Falcone – falconeb@eastonsd.org

Coach Gaumer – gaumerb@eastonsd.org

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